



Technical Communication #2

Singles

Summary of Approved changes - 2016-17 Program Requirements

(as of April 20, 2016)

Effective July 1, 2016

Following consultation with Skate Canada Stakeholders and the Skate Canada High Performance Development Committee, the Skate Canada Technical Coordinating Committee is communicating the Singles Program Requirements for the 2016-17 Season.

The 2016-17 Singles Program Requirement charts can be found in the Info Centre under Technical.

While these charts include Junior and Senior requirements, these requirements are subject to change by the ISU. Any changes will be updated in the Skate Canada Program Requirement charts when they are communicated by the ISU.

While these program requirements are effective as of July 1, 2016 for the 2016-17 competitive season, Sections may choose to follow these requirements at any Spring competitions.

A summary of the changes within the 2016-17 Singles Program Requirements is listed below.

Bonus

There is a new bonus for Pre-Novice and Novice Singles in both the Short and the Free program. A 1.0 bonus will be awarded for any jump combination element that contains a triple jump as the 2nd jump in the combination.

Only triple jumps that are called as clean will count towards this bonus.

Pre-Juvenile Women & Men

1. Pre-Juvenile Women & Men are now required to execute 5 different types of jumps within their program. This change has been made to ensure well-rounded development of all jumps as skaters progress.

For each lacking jump type not included in the program, the last executed **repeated** jump element(s) **type** will receive No Value.

2. Pre-Juvenile Women & Men are no longer allowed to execute jump sequences in their program. Only jump combinations are permitted.

Jump sequences that are executed in a program will receive No Value for the entire element.

Pre-Juvenile Women & Men (cont'd)

3. Pre-Juvenile Women & Men who execute 2 jump combinations are now required to include one jump combination with a Toe-Loop jump of any rotation as the second jump, and one jump combination with a Loop jump of any rotation as the second jump.

This change is to ensure well-rounded development of skaters as they progress. If skaters struggle with including one of these jumps as the second jump in a combination, they may always choose to only include one jump combination element in the program.

Should skaters include two jump combinations with the same second jump, the entire last executed jump combination element will receive No Value.

4. Pre-Juvenile Women & Men can perform either a Flying Sit or a Flying Camel as their Flying Spin element. Flying Upright Spins will receive No Value.

Juvenile Women & Men

1. Juvenile Women & Men are now required to execute 6 different types of jumps within their program. This change has been made to ensure well-rounded development of all jumps as skaters progress.

For each lacking jump type not included in the program, the last executed repeated jump element(s) type will receive No Value.

2. Juvenile Women & Men are no longer allowed to execute jump sequences in their program. Only jump combinations are permitted.

Jump sequences that are executed in a program will receive No Value for the entire element.

3. Juvenile Women & Men who execute 2 jump combinations are now required to include one jump combination with a Toe-Loop jump of any rotation as the second jump, and one jump combination with a Loop jump of any rotation as the second jump.

This change is to ensure well-rounded development of skaters as they progress. If skaters struggle with including one of these jumps as the second jump in a combination, they may always choose to only include one jump combination element in the program.

Should skaters include two jump combinations with the same second jump, the entire last executed jump combination element will receive No Value.

4. Juvenile Women & Men can perform either a Flying Sit or a Flying Camel as their Flying Spin element. Flying Upright Spins will receive No Value.



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Pre-Novice Men

1. In the Short Program, Pre-Novice Men will start a new rotation between the Change Camel Spin and the Change Sit Spin. To better align with the higher levels, it has been decided that for the 2016-17 season the Pre-Novice Men Short will once again perform the Change Camel spin. In the 2017-18 season, they will perform the Change Sit Spin, and it shall alternate going forward.
2. In the Short Program, the Step Sequence for Pre-Novice Men will now be called to a Maximum Level 3.
3. In the Free Program, Pre-Novice Men can perform either a Flying Sit or a Flying Camel as their Flying Spin element. Flying Upright Spins will receive No Value.

Pre-Novice Women

1. In the Short Program, the Step Sequence for Pre-Novice Women will now be called to a Maximum Level 3.
2. In the Free Program, Pre-Novice Women can perform either a Flying Sit or a Flying Camel as their Flying Spin element. Flying Upright Spins will receive No Value.

Novice Men

1. In the Short Program, Novice Men will no longer have a choice of performing either the Change Sit Spin or the Change Camel spin. The Novice Men will perform the Change Camel Spin each year.
2. In the Free Program, Novice Men can perform either a Flying Sit or a Flying Camel as their Flying Spin element. Flying Upright Spins will receive No Value.

Novice Women

1. In the Free Program, Novice Women can perform either a Flying Sit or a Flying Camel as their Flying Spin element. Flying Upright Spins will receive No Value.