



**“COACHES SHOULD ALWAYS TEACH WITH ENERGY AND COMMITMENT DURING EVERY TRAINING SESSION, YOU DON’T KNOW IF YOU ARE TEACHING AN ATHLETE WHO IS LOOKING FOR EXERCISE AND PERSONAL CHALLENGES OR MAYBE EVEN THE NEXT OLYMPIC CHAMPION. ATHLETES OF ALL ABILITIES DESERVE YOUR BEST”**

– PAUL MACINTOSH

## **PAUL MACINTOSH – SKATE CANADA’S NEWEST NCCP LEVEL 5 CERTIFIED COACH!**

Congratulations to Paul MacIntosh from the Western Ontario Section who recently certified his Level 5, the highest level within the National Coaching Certification Program (NCCP).

Paul has taught over 20 national medalists, with competitors at four junior world championships, and one senior world championship. Paul coached the 2007 junior world ice dance bronze medalists, Kaitlyn Weaver and Andrew Poje. He taught Andrew from CanSkate through to his first senior world championships and one junior world medal. Early in their career Paul

coached 2010 Olympic and world ice dance champions, Tessa Virtue and Scott Moir. He trained them for seven years up to their first international competition and first junior worlds. In 2001 Paul received the Skate Canada competitive coach of the year award, and in 2007 was a top five finalist for the Jack Donahue coach of the year for all sport in Canada. Currently an active member on the Skate Canada Coaching Committee, Paul is also a Skating Programs Manager at the Kitchener-Waterloo Skating Club and enjoys camping and golfing when not at the rink.